

Welcome new GSRs!

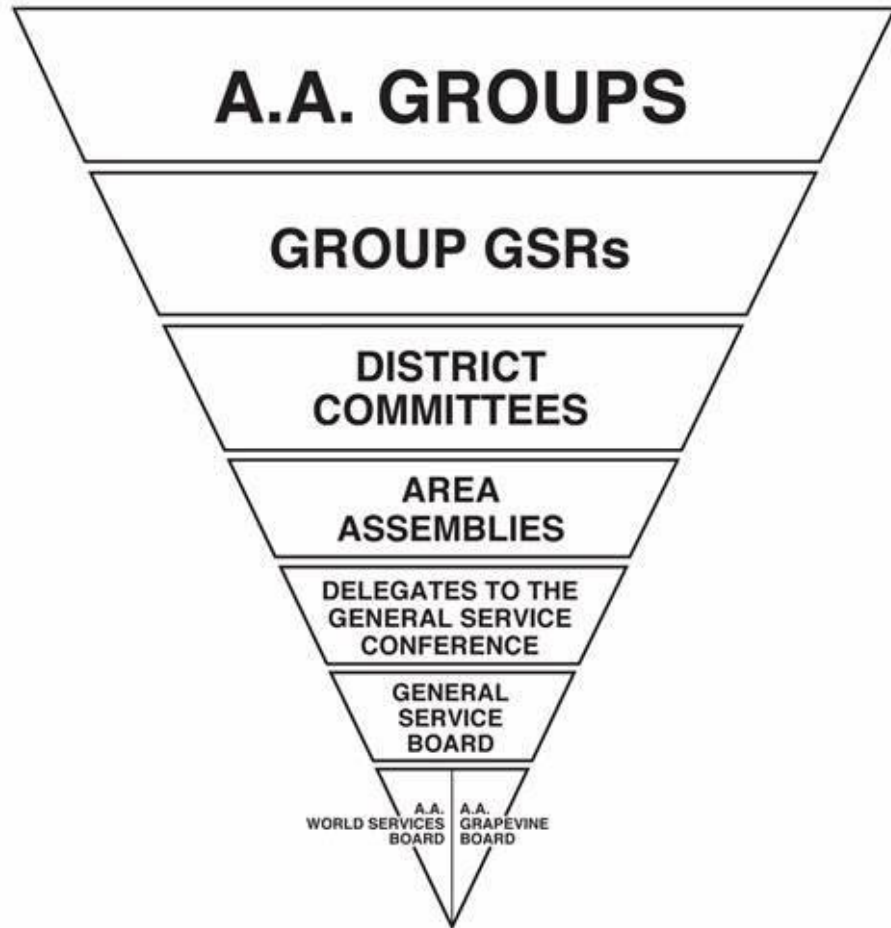
Basics – Part 1: Getting Started

District 21
January 28, 2025

WELCOME to General Service!

- Brief overview of General Service Structure
- Where to look/go to for more information
- Agenda Topics

STRUCTURE OF THE CONFERENCE
(U.S. and Canada)

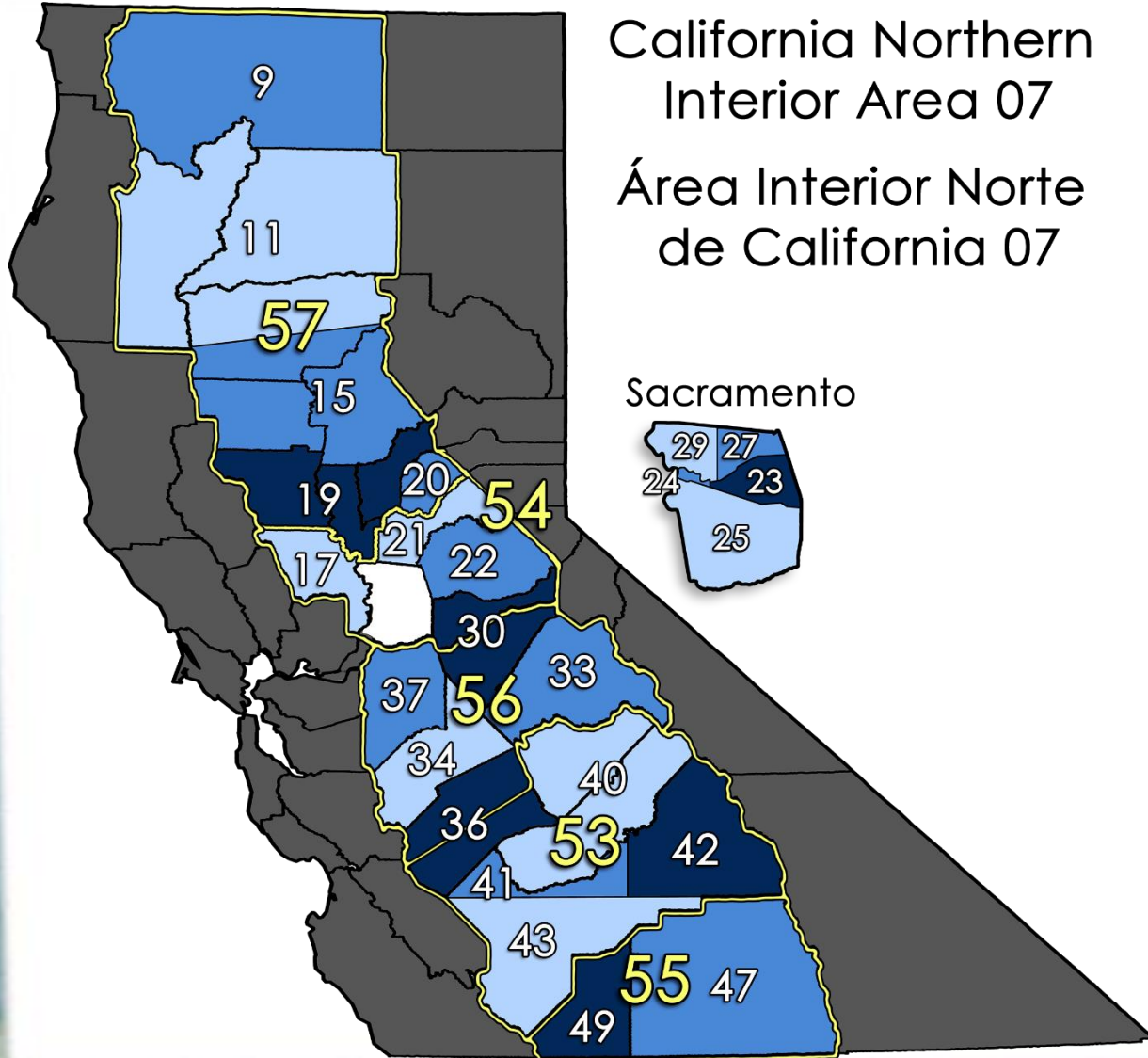


AA's 3 Legacies:

- *Unity*
- *Recovery*
- *Service*

Tips for starting on your Service journey:

- Celebrate! General Service is a great way to contribute to our Primary Purpose and deepen our commitment to our sobriety
- Fill out the GSR Change Form – “fillable” form on Area 07 website: cniia.org
 - This triggers GSO to send you a GSR “Kit” and Service Manual
- Use the aaplacer.org website
- Read the GSR Handbook
- Participate in the monthly Service Study on Zoom
 - Second Monday from 6:00-7:00pm
 - Meeting ID 223 661 3304 PW: District21



GSR – Trusted Servant Tasks and Tips

- Your Role as a GSR
 - YOU are the VOICE of your Group! You are a voting member of District 21 at District meetings, and of Area 07 at Area Assemblies
 - Assist your Group in interpreting the Traditions for group issues (ex: substantial unanimity, minority opinion)
- Your Responsibility as a GSR
 - Participate in the monthly District 21 meeting – 4th Tuesday at 6pm, Auburn Fellowship, 534 Auburn Ravine Rd., Auburn
 - Participate in your group’s business meetings
 - Participate in four annual Area 07 Assemblies and other events as your Group allows
 - Ensure your Group’s voice is heard and is informed about issues affecting “AA as a whole” through the annual General Service Conference Agenda Topics input and feedback process.

Meetings, Assemblies and Options:

- District 21 meeting: 4th Tuesday at 6:00pm at Auburn Fellowship, in person at 534 Auburn Ravine Rd., Auburn, and on Zoom at 223 660 3304 / passcode District 21
- Service Study: 2nd Monday at 6:00pm on Zoom 223 661 3304 / passcode District 21
- 2025 Area 07 Assemblies:
 - Winter Assembly January 18-19 in Sonora
 - Pre-Conference Assembly April 12-13 in Gazelle
 - Post-Conference Assembly May 17-18 in Nevada City
 - Fall/Election Assembly November 14-16 in Tracy

OPTIONAL:

- Area 07 Committee Meeting – 3rd Saturday of every month (except Assembly months)
- PRAASA (Pacific Region AA Service Assembly) – March 7-9 in Anchorage
- International Conference – July 3-6 in Vancouver, British Columbia
- NCCAA (Northern CA Conference of AA) – 3/8-9 in Modesto and 10/4-6 in Sacramento

GSR Expenses

2024 GSR Budget - SAMPLE							
Date	Assembly	Location	Registration and Dinner	Mileage	Hotel	Notes	Cost per event
January	Winter Assembly	Merced	\$ 36.00	(2a)	(3a)	Lodging- 1 night	(4a)
April	Pre-Conference Assembly	Denair		(2a)	(3a)	Lodging- 1 night	(4a)
May	Post-Conference Assembly	Fresno		(2a)	(3a)	Lodging- 1 night	(4a)
November	Election Assembly	Angels Camp		(2a)	(3a)	Lodging- 1 night	(4a)
March	PRAASA	San Francisco					
Yearly Total				(2b)	(3b)		(4b)
(1a) Registration and dinner - Generally \$15 for Reg. plus \$15 for dinner + \$3 for bottomless coffee							
(2a) Mileage - Identify round-trip mileage home to assembly. Calculate number of miles times \$0.625/mile (or CNIA rate/Fed rate);							
(3a) Hotel room rate for out of town assemblies? How many nights? Consider sharing rooms to split cost with other group GSR(s).							
(4a) Cost per event - Total anticipated cost per event on each line (base this on hotel and ride sharing when possible)							
(4b) Total anticipated cost for group to fund GSR to all four (4) assemblies for the year							
Summary:	Yearly Total (4b) divided by 52 weeks (year) = total cost per week for group to support GSR for the year						
example:	(4b=\$650) \$650/52=\$12.50		\$ 12.50	per week for group to support GSR to assemblies			
Note:							
* Budget amounts are estimated anticipating splitting mileage and hotel with an accompanying member							
* GSR Support should be a group budget line item paid before the splits (if your group conscience supports GSR)							
* GSR attendance at assemblies supports our Area and GSO							
* GSR is accountable to the group with the group's support							
* Service positions should not be contingent on an individual member's ability or inability to pay							
* Our group should be self-supporting without having to rely on the district for scholarships							
* Appeal to District for scholarship or partial scholarship IF your group is not able to fund/fully fund GSR to attend Assemblies.							
* This does not include additional assemblies, such as PRAASA or Regional Forums							

More Information:

- AA Service Manual – 2024-26 Edition
- CNIA 07 “GSR School”
- GSR Packet – materials and pamphlets
- Service Sponsor
- District 21 Officers and GSRs
- Monthly D21 Service Study - Zoom Meeting (2nd Monday at 6:00pm)

Welcome new GSRs!

Basics – Part 2:

Agenda Topics

District 21
January 28, 2025

Agenda Topics Timeline: January-June

- **February**
 - **Agenda Topics list distributed**
 - **Background information available**
 - **Special D21 Agenda Topics Zoom meeting: Monday, Feb 24 at 6:00pm**
- **Feb-March**
 - **GSRs inform themselves**
 - **Review Agenda Topics**
 - **Participate in local Agenda Topics workshop (date/location TBD)**
 - **Participate in other Agenda Topics workshops and District discussions**
 - **GSRs inform their Groups**
 - **Agenda Topics selected for Group discussion (various methods)**
 - **Read and research background information for selected Topics**

Agenda Topics Timeline: January-June

- **April**
 - **GSRs participate in Pre-Conference Assembly (April 12-13 in Gazelle)**
 - **Convey your Group's informed Group Conscience on selected topics**
 - **Right of Participation, Right of Decision**
- **May - June**
 - **GSRs participate in Post-Conference Assembly (May 17-18 in Nevada City)**
 - **Receive Delegate's Report and discuss Conference Advisory actions**
 - **GSRs inform their Groups of Advisory Actions and other issues affecting "AA as a whole"**
 - **GSRs attend, and encourage Group members to attend, local Delegate's Report presentation events**

Agenda Topics

Ways GSRs can help their Groups develop their Group Conscience

- **Facilitate Topics Selection**
 - Post Topics list and let Home Group members choose
 - Select some relevant Topics and have Group members prioritize
 - EX: “Discuss, Review, Consider”
- **Facilitate Topics Discussion**
 - Schedule time after the Group meetings to discuss Topics
 - Hold 1-2 separate sessions from Group meeting to discuss Topics
 - Schedule Topics discussion before/during/after 1-2 Business Meetings
 - Post an “opinion poll” for members to weigh in on Topics

Agenda Topics

- Avoid “persuasion.” Present the information, listen, guide the Group toward a consensus
- Set a calm and respectful tone. Remember our Primary Purpose & foster unity
- Explain to your Group the Right of Decision and Right of Participation
- Document the Minority Opinion as well
- Prepare your input for Pre-Conference Assembly. Be concise (5-8 min)

Agenda Topics - Tips:

- You are not alone! Reach out to your Service Sponsor, other GSRs and District Officers for support
- Beware of TMI! Choose a few Topics to discuss
- Have FUN! You are part of “AA as a whole” in action



More Information:

- Agenda Topics and background information: www.cnia.org
 - Conference Agenda: click on “Resources,” “Delegates Page” and “75th General Service Conference”
 - Background Info – scroll down to “Enter the Confidential Downloads page”
(password: HowItWorks)
- Agenda Topics Workshop [date/location TBD]
- Special Zoom Meeting on Agenda Topics: Tuesday, Feb 24 at 6:00pm
- Service Sponsor
- District 21 Officers and GSRs